



Next Trade is software for journaling and (soon) routing trades; it does not provide financial advice. Trading carries substantial risk.

Using Insights

Find the patterns in your own trading.

What Insights does

Insights analyze your imported trade history to surface where you make and lose money — your best and worst setups, times of day, and symbols.

Step 1 — Import first

1. Insights are built from your real trades, so import your history first (see the Import Trades guide).

Step 2 — Open Insights

1. Go to the Journal and open the Insights view.
2. Review your strongest and weakest setups, session times, and symbols.

Step 3 — Act on them

1. Lean into the setups and times where your data shows an edge.
2. Use the Game Plan guide to turn these patterns into a daily briefing.